



THE PARENT'S LOUNGE: YOUR WEEKLY PARENTING OASIS

Currently ranking in the Top Comedy & Parenting podcast categories, The Parent's Lounge shines a whole new light on the "best / worst job in the world". Along with being a professionally produced podcast, The Parent's Lounge is a live streaming vodcast that allows fans and viewers to interact in real time with the hosts and celebrity guests across numerous platforms.

With a roundtable style discussion of the everyday joys and headaches children create, this weekly show provides comedic relief for parents everywhere, boasting a monthly reach of over 50,000 accounts on Facebook, Instagram, Twitter, YouTube and Twitch.

Actors and Comics, Jamie Kaler and Jason Gowin, along with resident moms, Clare Kramer and Kate Mulligan are joined by celebrity guests weekly to discuss a variety of topics from parenting fails to the latest parenting trends.

Previous parent guests of the show include David Koechner, Richard Marx, Bill Engvall, Larry the Cable Guy, Jonathan Mangum, Kate Casey, Taylor "Dude Dad" Calmus, Tommy Riles of @lifeofdad, Carlos Alazraqui, Jodi Miller, Ralph Garman, Steve Byrne, Reid Scott, Natalie Diaz of Twiniversity and Vincent "Rocco" Vargas.

Helping parents everywhere survive, The Parent's Lounge is sponsored by Winery Sixteen 600, Black Rifle Coffee Company and Kristie's Cookies.

CURRENT ORGANIC MONTHLY IMPRESSIONS:

- Facebook: 40,000+ accounts reached
- Instagram: 18,000+ accounts reach

SPONSORED BY:



**BLACK RIFLE
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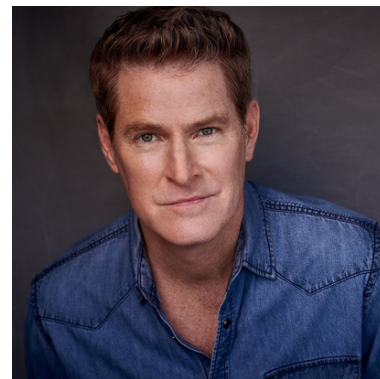


HOSTS:

Jamie Kaler

An accomplished actor, comic, host, voice-over artist and podcaster, Jamie Kaler is probably best known for his starring role as “Mike” on the hit TBS show, “My Boys”. His prolific acting career includes appearances on *Friends*, *Will and Grace*, *How I Met Your Mother*, *Parenthood*, *King of Queens*, *The Middle*, *My Crazy Ex-Girlfriend*, *NCIS* and *American Housewife*, as well as numerous films and over 200 commercials. He is currently recurring on “Tacoma FD” on TruTV, and is the host of both “America: Facts vs. Fiction” and “Haunted Live” on Discovery Plus.

As a Dad Influencer, he has created extensive content for The Dadlands, the web series, Dads in Parks, the podcast, “Father Time”, and his current weekly live virtual show and personal brand, “The Parent’s Lounge”.



Jason Gowin



An accomplished actor, paranormal investigator, radio show/event host, and podcaster, Jason Gowin is probably best known for being one of the stars of The Hit A&E Television show, *Extreme Paranormal*. He has starred in other popular television productions such as Amazon Prime’s *Hellier*, Lifetime’s *This Time Next Year*, and countless paranormal investigation programs and documentaries. He was a co-host on the long running paranormal radio series called *The Encounters: Paranormal Radio Series*. He was also featured numerous times on the mega-hit radio show *Coast to Coast Am with George Noory*.

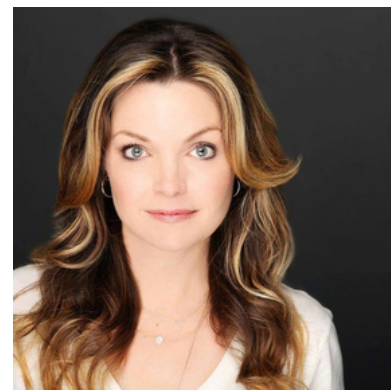
As a Dad Influencer, he has created extensive content for *Dadpocalypse*, as well as its accompanying podcast, and his current weekly live virtual show and personal brand, *The Parent’s Lounge*.

RESIDENT MOMS:

Clare Kramer

Clare Kramer is an award-winning actress, entertainment correspondent and pop culture authority, whose career has taken her from the role of vengeful goddess Glory on *Buffy the Vampire Slayer* to launching her own pop-culture website, GeekNation.com, to producing, directing, and selling hundreds of hours of content in the podcasting, audio and digital arenas.

On-camera, Clare has been featured as a correspondent for CNN, Access Hollywood, the Huffington Post and E!, as well as an NPR guest. Behind the lens, she co-produced the documentary *Tyson*, which premiered at the Cannes Film Festival. Recently, she has been seen starring in the Lifetime movie *Seduced by a Killer* and the limited series *Dark Web* for Amazon Prime, of which she was nominated for an Emmy. Other major awards include two Saturn Awards, an MTV Award, a TV Guide Award, and a Telly Award.



Kate Mulligan



You may know Kate Mulligan from her performance of “For the Love Of All Things Holy, If You Open It, Please Just Close It” broadcast daily from her kitchen.

As a Northwestern Theatre Grad, she spent her first 10 years in LA saying riveting lines such as “white wine?” and “still or sparkling?” in a handful of movies and apologizing to her parents for her wasted education.

A former Second City Conservatory alumna and current (sporadic) standup comedian, Kate prides herself on being “the funniest mom in this particular household”. You can find her on the internet as part of the “*Movie Trivia Schmoedown*”, the hit podcast “*The Big Thing with Kristian Harloff*”, “*SEN Live*”, and of course, her weekly lifeline, “*The Parents Lounge*”.